Graduate School Reading Strategies

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Phase 4 Use intense study sessions.



Phase 1

Read or preview material to be covered in class... before class



The Study Cycle



Go to class! Listen actively, take notes, and participate in class.

Phase 3

Review and process class notes as soon after class as possible.



What Are the Challenges of Reading in Graduate School?

- Volume
- Primary Sources
- Complexity
- Jargon



How Can You Deal with the Volume of Reading?



- Do NOT read every word on every page
- Study Groups
- Convert PDFs to digital recording
- Use best practices
 - Concentration strategies
 - Time Management strategies
 - Research-based reading strategies (PARR)



Concentration

- Eliminate external distracters Find a quiet place to read
- Reduce internal distracters Focus on your reading
- Read for short periods and take breaks
- BEWARE: Don't lie down on your bed to read







Time Management

- Choose a time when you are most productive
- Set aside enough time for the assignment
- Make a good plan
- Write short term goals







PARR for Textbooks

Preview

Actively Read

Review







Preview - Purpose for Reading

- Read introduction and conclusion first
- Scan bold print items section headings, new vocabulary
- Review charts and graphs
- Read questions if included
- Estimate you reading time

Skimming

- Read the title
 - What do I already know?
 - What do I want to get out of this?
- Read the first and last paragraphs
 - What is the author's thesis or argument?
- Read the first and last sentence of each paragraph
 - What is the main idea?
 - Look for unfamiliar terminology or concepts
- Look for signposts
 - The <u>most</u> significant contribution is...
 - For the purpose of this experiment, the definition is...



Reading – Active Participant

- Question the author as you read
- Read with a pen/pencil in your hand
- Keep highlighting to a minimum; it delays learning, unless...
 - Paraphrase important ideas or vocabulary in the margins
- If you lose focus; stop, regroup, and begin reading again





Review - Remembering

- Thoughtfully answer questions you read when previewing
- Write short summaries of the major concepts and ideas in the chapter
- Reflect on your learning
- Write some questions to discuss in class
- Review your highlighting and margin notes

Research Articles

- Abstract
- Introduction
- Methods/Observations/Procedure
- Results
- Conclusion/Discussion
- References



Research Articles

Do <u>Not</u> read first page to last page.

- Start with the Abstract.
- Read the Introduction
- 3. Skim the Conclusion
- 4. Read the Methods section, highlight, and critique.
- 5. Read the **Results** section. Don't get bogged down in the details.
- **6.** Read the **Conclusion** section more carefully.
- 7. Re-Read the **article**, looking for important information.

Read Before Class

- You make the most of class time.
- You understand what you do and do not understand.
- You can participate in class discussions.
- You can show off because you will be more informed about your professor's discussion points.
- You can participate in group work.
- You will show respect for peers, professor, and yourself.







Comments, Concerns, Questions?



